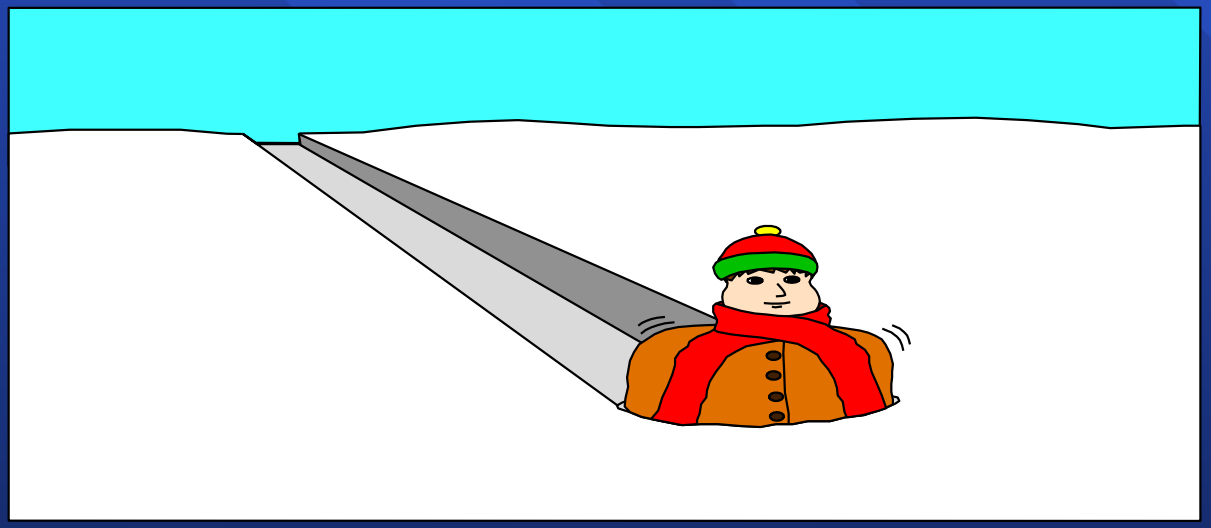
WINTER SAFETY

CW3 Kurt E. Williams



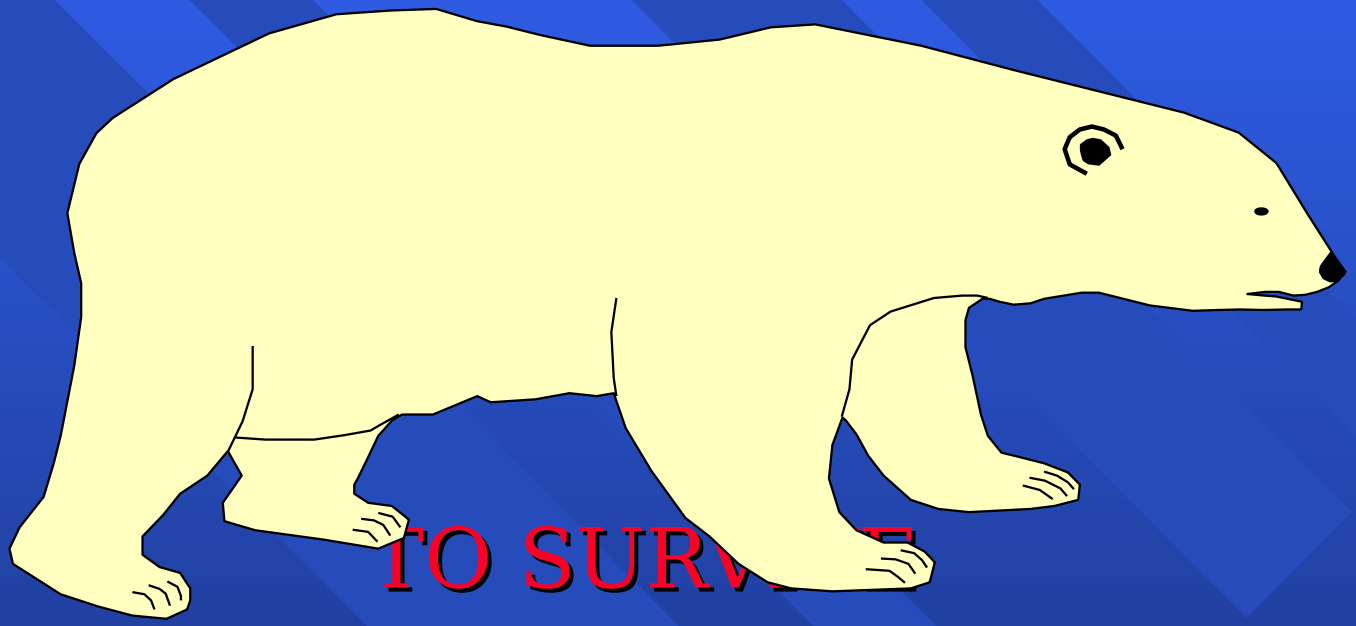
GENERAL CONSIDERATIONS

- TEMPERATURE
- CLOTHING
- LOCATION

WINTER CONDITIONS

- ARCTIC / SUBARCTIC
- WET
- DRY
- WINDCHILL

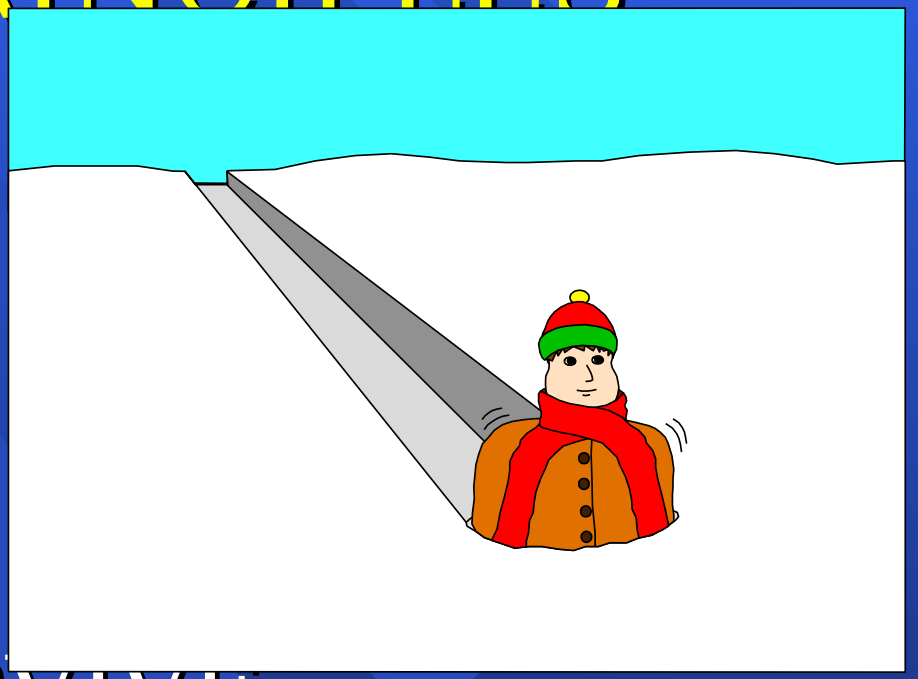
Cold is a far greater threat to survival than it appears. It decreases your ability to think and weakens your will to do anything except to get warm. Cold makes it very easy to forget your ultimate goal:



TO SURV[illegible]

COLD WEATHER SURVIVAL BASIC PRINCIPLES

- WATER
- FOOD
- SHELTER
- CLOTHING
- WILL TO SURVIVE
- TRAINING



COLD WEATHER SURVIVAL

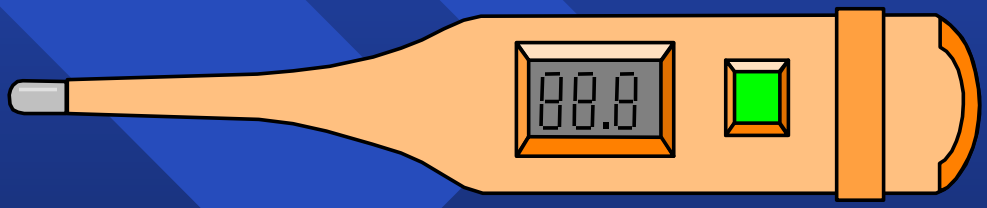
- C - Keep clothing clean
- O - Avoid overheating
- L - Wear clothes loose and in layers
- D - Keep clothing dry

COLD WEATHER SURVIVAL HYGIENE

- WASHING
- FEET
- UNDERWEAR
- LICE
- (SHAVING)

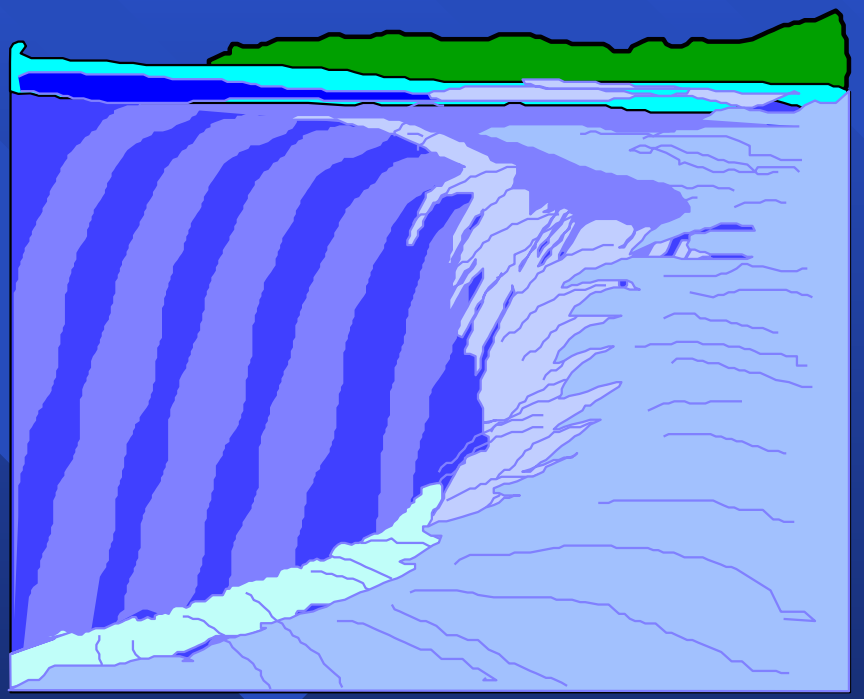
COLD WEATHER SURVIVAL BASIC PRINCIPLES

- MEDICAL ASPECTS
- TEMPERATURE
- SHIVERING



WINTER SURVIVAL
WATER

- FRESH WATER LAKES
- STREAMS
- PONDS
- RIVERS
- SPRINGS

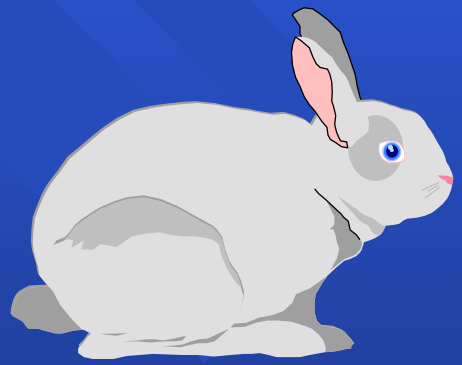


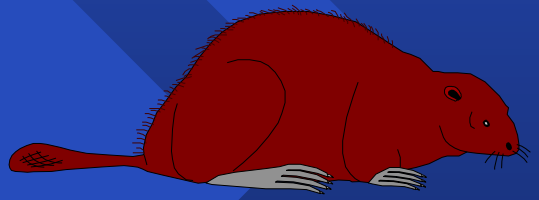
WINTER SURVIVAL
WATER (cont.)

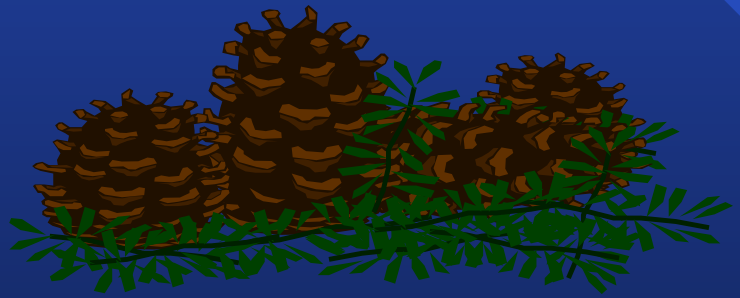
- MELT ICE AND SNOW
- METHODS
- *ALWAYS PURIFY*

WINTER SURVIVAL
FOOD

- FISH
- ANIMAL
- FOWL
- PLANTS







WINTER SURVIVAL
SHELTER

- NOT METAL
- ICE OR SNOW
- TREE

WINTER SURVIVAL
FIRE

- PREPARE FOOD
- GET WARM
- MELT SNOW/ICE
- PSYCOLOGICAL BOOST
- SMOKE DETECTION
- CARBON MONOXIDE

WINTER SURVIVAL
FUELS FOR FIRE

- FUEL OR OIL FROM VEHICLES
- DRIED GRASS/MOSS
- PLASTIC
- CAUTION

WINTER SURVIVAL
SUMMARY

- WET/DRY
- WINDCHILL
- C O L D
- HYGIENE
- TEMPERATURE
- WILL TO SURVIVE

WINTER SURVIVAL

- QUESTIONS?